

Advanced nutritional support for mother & child



Wellness Essentials® Pregnancy

 **Metagenics®**

Genetic Potential Through Nutrition

Advanced Nutritional Support for Preconception through Nursing



Proper nutritional support—including omega-3 essential fatty acids, absorbable folate, and adequate vitamin D—is critical for a healthy pregnancy.

Wellness Essentials Pregnancy is formulated to provide comprehensive nutritional support—from the moment you decide to have a child through nursing.*

4 specialized supplements in each easy-to-take, once-daily packet:

- **Advanced Prenatal** supports overall wellness, incorporating essential vitamins/minerals, highly absorbable folate calcium (L-5-methyltetrahydrofolate), omega-3s, enhanced vitamin D levels, and key antioxidants.*
- **OmegaGenics® EPA-DHA 720** supports fetal development, heart health, mood, and overall health with purity guaranteed omega-3s.*
- **Choline** provides additional support for fetal brain development and cellular health.*
- **Calcium/Magnesium** supports healthy bone building for mother and child. May also support muscle relaxation and help ease pregnancy-associated leg cramps.*

→ Talk to your healthcare provider today about **Wellness Essentials Pregnancy** or visit www.metagenics.com.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.