



Estrovera®

Get to the root of menopause relief.*

**90% OF WOMEN SURVEYED
NOTICED IMPROVEMENTS
IN HOT FLASHES AFTER
STARTING ESTROVERA.†**



1 daily tablet. 12 men



Hot flashes



Night
sweats



Sleep
disturbances



Menopausal
anxiety



Physical &
emotional
exhaustion



Irritability

What's in it?

Estrovera features ERr 731[®], a plant-based, nonhormonal extract and the **#1 OBGYN-recommended ingredient** for menopausal symptom relief.^{**}

What does it do?

This all-in-one formula is clinically proven to **reduce 12 common symptoms of menopause** without affecting estrogen levels.*

How long does it take to work?

Four out of five women surveyed reported improvements within three months.^{##}

How long should you take it?

Estrovera's main ingredient has been clinically proven safe for long-term use and is **most effective when taken for at least three full months**.*

What happens if you stop taking it?

Stopping Estrovera may result in symptoms returning over time. However, menopause is a transition—and it may be possible to discontinue without symptoms returning.*

menopause symptoms.^{1*++}



Vaginal
dryness



Negative
mood



Sexual
frustration



Joint &
muscular
discomfort



Urinary tract
discomfort



Menopausal
headaches

Real women. Real results.

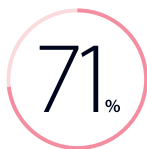
In a 2023 survey, women noticed improvements with the following symptoms after starting Estrovera:[†]



HOT FLASHES



MOOD



SLEEP
DISTURBANCES



Started using product about a week ago and my night sweats and hot flashes have gone down significantly.⁺⁺⁺

—Gene

Ask your doctor if Estrovera
is right for you.

Questions?



Call Metagenics at **800.692.9400**



Visit **Metagenics.com/Estrovera**
or scan QR code to learn more



Scan QR code
to learn more

Supplement Facts

Serving Size 1 Tablet
Servings per Container 30

Amount Per Serving

Rhapontic Rhubarb	4 mg*
<i>(Rheum rhaponticum L.) Root[†] Extract</i> <i>(ERr 731[®]) [Providing 2.2 mg rhaponticin</i> <i>and 1 mg desoxy-rhaponticin]</i>	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, stearic acid (vegetable), croscarmellose sodium, silica, and enteric coating (ethyl cellulose, hydroxypropylmethyl-cellulose, medium-chain triglycerides, ammonium hydroxide, sodium alginate, hydroxypropylcellulose, oleic acid, and stearic acid).



Non-GMO



Vegetarian



Gluten-free

Money-back guarantee

If you try Estrovera and aren't completely satisfied with the results, complete our money-back guarantee form online at [Metagenics.com/Estrovera](https://www.metagenics.com/Estrovera) to receive a refund.**

[†]Survey conducted online by Metagenics March 2023 with 424 women currently or previously taking Estrovera.

^{††}Compared with perimenopausal women receiving placebo, those receiving ERr 731 (the extract found in Estrovera) experienced decreases in symptoms as indicated by the mean reduction in individual Menopause Rating Scale scores.

^{†††}These reviews have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

[†]Research conducted by IQVIA for Metagenics.

^{††}Survey conducted online by Metagenics September 21 to October 5, 2020, with 75 women currently taking Estrovera.

** Money-back guarantee up to 60 days.

References:

1. Kaszkin-Bettag M et al. *Altern Ther Health Med.* 2009;15(1):24-34.

Certified



Corporation

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